

Urtica urens is the first remedy to be thought of for first degree burns. Urtica urens can also help with old burns that have never healed well.

Urtica Urens Cream

Burn Remedy

01

WHEN TO USE THE CREAM

Urtica urens is the first remedy to be thought of for first degree burns. Urtica urens helps reduce the pain and swelling of bee and wasp bites. Urtica urens can help with sunburns where there is intense burning and itching. **

02

HOW TO USE IT

Apply locally. Rub in well. Some people are helped by a single application of the needed cream. A wise thing to do may be to apply the cream once and then wait two to three days and see how you feel. If your pain is gone, then you should not reapply. Only use the cream again, if the pain returns.

03

THE PAINS

The most common types of pains that Urtica urens has are burning pains, stinging pains, and stitching pains. The primary condition that I would use this cream for is first degree burns. For non first aid uses of the remedy, I would consider taking it in potency and consulting a professional homeopath to make sure you have selected the best remedy for the patient.

04

SERIOUS BURNS

For second and third degree burns and scald burns, consider taking remedies, such as Cantharis, Arsenicum, Causticum in potency.

When he came home I applied a combination of the three creams I mentioned above, Urtica urens cream, Hypericum perforatum cream to help with the injury to the nerves, and Calendula officinalis cream for general wound healing, and then wrapped the arm with a bandage.

“I was amazed that the hand did not hurt at all during the night and was much better in the morning. Thank you for your marvelous, healing balm!” Alice A.M.

05

BEE AND WASP STINGS

Urtica urens helps reduce the pain and swelling of bee and wasp bites. Compare with Apis mellifica and Ledum palustre for insect and bee bites.

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SUNBURN

Urtica urens can help with the burning pain, redness and itching from sunburns.

My fourteen year old son got burnt at the pool this summer. His back and shoulders were bright red and very painful. I slathered the Urtica urens cream on the burnt areas and it helped make him much more comfortable. A few hours later I applied Calendula officinalis cream, which was probably a mistake, as he felt much more comfortable with just the Urtica urens cream. The next morning he did not complain about pain, and his skin began to peel.

07

OLD BURNS

Urtica urens can help with old burns that have never healed well.

08

HIVES AND ITCHING

Urtica urens, like Apis mellifica, is one of our remedies for allergic hives. The word urticaria or nettle rash actually comes from Urtica urens. The rash is an allergic reaction characterized by raised red skin welts, with a white central spot that itches intolerably.

09

TAKEN AS A REMEDY

Urtica urens has a lot to do with lactation. It has a reputation for helping women build up their milk supply when it is scanty. It also helps nursing mothers who have no milk at all, a condition called agalactorrhea. Urtica urens can also help dry up the milk supply in women who are weaning. The remedy also helps with inappropriate lactation, such as the presence of milk in women who have never had children, or are not currently nursing children.

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UNUSUAL SYMPTOMS

Here is a list of unusual symptoms mentioned in various materia medicas for Urtica urens: Chicken pox; Urticaria alternating with rheumatism; Urticaria with pinworms; Right deltoid rheumatism.

TRADITIONALLY USED FOR

- First degree burns
- Sunburn
- Wasp stings
- Old burns
- Bee stings

WHAT'S IN THE JAR

12.5% Organic Urtica urens Tincture HPUS. Handmade in small batches. 1.5 oz amber glass jar.

Wishing you health and happiness,

Deborah Olenev **CCH RSHom (NA)**

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