

Find your situation in the left column, then look across to see which remedies are listed for it. A gold mark means I make that remedy as a cream, so you can keep it in your first aid kit. To learn more, read about each cream at firstaidcreams.com.

First Aid Repertorization Chart

Find a remedy by complaint

1 Listed for the condition **2** Listed more strongly **2** A remedy I make as a cream

Bold columns are creams I sell

CONDITION	**Arnica**	Bellis p	**Calendula**	**Hyp**	**Ledum**	Rhus tox	**Ruta**	Symph	**Urtica**
Abscess healing	1	1	2	2	2	1	1	2	
Abdominal surgery pain	1	1	1	2		1			
Animal Bites	1			2	2				2
Ankle injuries	2					2	2		
Arthritic pain	1				2	2	1		
Ascending pains				2	2				
Back Injury	2	1		2	2	2	2	1	
Birth trauma	2	1							
Boils	1	2		2	1	1	1		
Braces: fittings							2		
Breast engorgement		2							
Bruises	2	2			2			2	
Burns	1		1	1					2
Carpal Tunnel or wrist injury		1				2	2		
Chilly patient amel. by cold applications					2				
Corns	1			1		1	1	2	
Dental surgery	2			1			2		
Diaper Rash			2						
Eye Injury	2	1	1	1	2	1	1	2	
Eye Strain	1	1				1	2		
Fear of sudden death	2								

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FIRST AID REPERTORIZATION CHART

CONDITION	Arnica	Bellis p	Calendula	Hyp	Ledum	Rhus tox	Ruta	Symph	Urtica
Flexing of hands or feet							2		
Foot Bone Pain					1		2		
Foot Injury	1		1	1	1	1	1		
Fractures	1	1	1	1		1	2	2	
Ganglion	1					1	1		
Gout	1	1			2	1	1		2
Hemorrhage from accident	2		1	1	1				
Head injury	2	1	1	2	1	1	1	2	
Hemorrhoid pain	1			2	1	1	2		
Hip injury	2		1		1	2			
Initial motion agg.						2			
Injuries to areas rich in nerves (spine, fingers, toes)		1	1	2			1	1	
Injury to bone and cartilage	2	1	1	1	1	1	2	2	
Injury to the coccyx		2		2			1		
Injury to deep tissue from surgery	2	2							
Injuries to ligaments and tendons	1	2	1			1	2	2	
Injuries to the periosteum or linings of bones							2	2	
Injuries to soft tissue (breast, abdomen)	1	2	1				1	1	
Insect bites (spider, bee, mosquito...)	1			2	2	1			2
Jaw fractures or pain of TMJ						2	2		
Joint surgery	1		1		1	1	2		
Joints swollen and sore	2			1	1	1	1	1	
Knee Injuries	1	1				2	2		
Lacerated wounds	1		2	1	1			1	
Lactation, lack of milk						1			2
Lying in bed aggravates after injury	2					1	1		
Muscle soreness	2	1		1	1	1	1		1
Neuralgic pain	1	1		2	1	1	1		
Nodules, over bones, tendon							2		
Numbness following injury	1			2	1	2			
Overexertion	2					2	2		
Pain from chiropractic adjustment							2		

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First Aid Creams Company, LLC

Herbal & Homeopathic. Handmade in small batches.



FIRST AID REPERTORIZATION CHART

CONDITION	Arnica	Bellis p	Calendula	Hyp	Ledum	Rhus tox	Ruta	Symph	Urtica
Painful wounds	1	2	2	2	2			1	
Perineum wounds	1							2	
Phantom limb pain	1			1				2	
Poison oak					2	2			
Prolapsus ani	1						2		
Puncture wounds	1			1	2				
Radiating or shooting pains from injury				2					
Recovery from childbirth	2	2	2	2					
Repetitive Strain Injury		1					2		
Scar Prevention		1	2						1
Sciatica after injury	1			1		2	2		
Septic Wounds		2	2	1	1				
Shock	2			1					
Shoulder injury	1			2	2	2			
Snake bites	1				2				2
Soreness from movements of fetus	2	2							
Splinters	1			1	2				
Sprains of ankles and other joints	2	2		1	1	2	1	2	
Stiff joints					1	2			
Strains							2		
Stretching and Exercise amel.	1					2			
Sunburn			2	1					2
Suppurating wounds	1		2	1	1				
Surgery after to prevent infection			2						
Tennis Elbow		1		1		1	2	2	
Thigh injury							2		
Tooth Pain from dental work	2		2	2			2		
Tooth extraction	2		1				2		
Trauma of Surgery	2	1							
Twisting injuries						2	2		
Trauma from injury	2	1	1	1			1	1	
Varicose veins	1	2	1				1		
Wounds, cuts, scrapes	1		2	1					

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