

Calendula officinalis, the yellow marigold, is another member of the Compositae family, like our friends, Arnica montana and Bellis perennis, and is a remedy that has as many wonderful uses.

Calendula Officinalis Cream & Butter

Wound Healing

01

WHEN TO USE THE CREAM

Apply Calendula officinalis topically to all wounds where the skin is broken. Calendula officinalis is said to favor the maturing of the abscess and ultimate healing. Calendula officinalis can help soothe the skin following sunburns. **

Good for diaper rashes. Some babies are sensitive to the cream. There is no alcohol in the butter, so it is less likely to sting the baby than the cream. If the rashes are severe, please see a professional homeopath, as the child may need a constitutional remedy.

02

WOUNDS AND WOUND CARE

Avoid frequent changing of the bandage, because this interferes with the healing process, and causes too early scab formation, which can result in scarring. Remember when cleaning a wound always clean outwardly away from the wound.

Calendula officinalis is the great homeopathic antiseptic and vulnerary (wound healing herb).

Calendula officinalis cream will draw out dirt that is embedded deeply in the wound. Calendula officinalis prevents too early scab formation at the wound site, and stimulates the growth of epithelial cells. This helps to inhibit scars and infections.

Calendula officinalis is listed in my repertory for painful wounds, wounds that do not heal, chronic effects from wounds, wounds that tend to break open and heal again, dissecting wounds, festering wounds, gangrenous wounds, gaping wounds, inflammation of wounds, neglected wounds, suppurating wounds, and lacerated, torn or ragged wounds. **

A few years ago my husband was knocked off his bicycle by our dog, Sarah, and got a pretty bad cut on his lower leg. We applied Calendula officinalis cream topically to the wound, but even so after two days there was a bright red area around the site of the injury, so I gave him a dose of Calendula officinalis 30C internally and the wound healed beautifully within a day or two.

03

AFTER SURGERY AND DENTAL WORK

Calendula officinalis helps prevent keloid formation. I always recommend my clients who are going through surgery to take Calendula officinalis 30C or 200C after they have taken their Arnica montana, Bellis perennis, Staphysagria, Hypericum perforatum or other indicated pain remedies and healing agents to help complete the healing of the wound and prevent infection. The remedy is beneficial after Caesarean operations.

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I recommend my clients to apply a compress of a few drops of Calendula officinalis tincture dissolved in warm water to the socket of the tooth that has been removed in dental extractions, or to the site where dental work has been done to promote healing, prevent infection, and bring soothing relief. It also helps to stop bleeding.

Many other remedies can be indispensable to help with dental surgery recovery, so please work with a homeopath alongside your dentist when you are having major dental surgery.

04

PREGNANCY AND DELIVERY

According to Dr. Tilgner, the herbalist, the herb should not be taken orally during pregnancy, because it is an abortifacient and emmenagogue (it can bring on the menstruation). It is not, however, listed as an abortifacient in the homeopathic literature. Occasional use of the cream topically should be safe during pregnancy.

A compress of Calendula officinalis tincture dissolved in warm water and applied to the perineum during and after labor can be very soothing and healing to the laboring mother.

05

OTHER USES

- Calendula officinalis is said to favor the maturing of the abscess and ultimate healing.
- Calendula officinalis helps to relieve the pain and fever of carbuncles.
- Calendula officinalis can help soothe the skin following sunburns.
- Gunshot wounds. Calendula officinalis prevents suppuration and infection of gunshot wounds.
- Calendula officinalis is also listed as an antitumor remedy, and is listed for tumors of the breast, uterus, fibromas, ulcerated tumors, benign tumors and neuromas.
- In Clarke's dictionary, I read that Calendula officinalis tincture applied on a hot compress can help in pneumonia and other internal inflammations.

06

CREAM OR BUTTER

Calendula officinalis Cream: Made with Organic Calendula officinalis tincture. The tincture contains alcohol. The color is white and the texture is creamy. Possibly stings on open wounds because of the alcohol in the tincture.

Calendula officinalis Butter: Made with Organic Calendula officinalis oil. Does not contain alcohol. The color is yellow and the texture is buttery. The butter is firm in cold weather, soft in warm weather. Unlikely to sting since there is no alcohol in the formula.

If the rashes are severe, the child may need a constitutional remedy. The most common ones to consider are: Borax, Calcarea carbonica, Chamomilla, Hepar, Medorrhinum, and Sulphur. Remember you treat the baby, and not the rash.

WHAT'S IN THE JAR

Cream: 12.5% Calendula officinalis tincture HPUS. Butter: 12.5% Organic Calendula Officinalis Oil HPUS. Inactive ingredients: Shea Butter, Deodorized Cocoa Butter, Sunflower Oil, Olive Oil and Vitamin E. Handmade in small batches. 1.5 oz amber glass jars.

Wishing you health and happiness,

Deborah Olenev **CCH RSHom (NA)**

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